"There are only four kinds of people in the world. Those who have been caregivers, those who are caregivers, those who will be caregivers, and those who need caregivers."

Rosalyn Carter, Former First Lady

The Arizona Geriatrics Society understands how important caregivers are — they are part of the entire team that provides healthcare to the older adults in Arizona. The AzGS mission is to advance the best healthcare practices for older Arizonans by supporting the education of interprofessional geriatric health providers. AzGS believes that knowledge is power — the more caregivers understand the symptoms, progression and treatment of a disease, the better able they will be to care for someone suffering from that disease. These Forums help caregivers better understand their role and to alleviate their stress.

**MAKING SENSE OF MEMORY LOSS AND ALZHEIMER’S DISEASE**

*Tuesday, April 14, 2015  1-5 pm*

**MAKING SENSE OF MEMORY LOSS**
Michele Grigaitis, Family Nurse Practitioner, Banner Alzheimer’s Institute

**ALZHEIMER’S DISEASE**
Helle Brand, Physician Assistant, Banner Alzheimer’s Institute

*Location:  Area Agency on Aging, Region One, Main Floor Conference Room*
*1366 E. Thomas Road, Phoenix, AZ*

**JUST HOW DO YOU PLAN FOR END OF LIFE?**

*Tuesday, May 19, 2015  1-5 pm*

**YOUR LIFE, YOUR CHOICES**
Paige Hector, LMSW, Paige Ahead Healthcare Education & Consulting

**NAVIGATING THE JOURNEY THROUGH ALTCS, VA, POA**
Jill Preston, BA, GCM, Elder Care Services Administrator, Jackson White Law Office

**WHAT ARE END-OF-LIFE ISSUES**
Joanne Gurin, MD, Medical Director, Hospice of the Valley

*Location:  Foundation for Senior Living Caregiver House*
*1201 E. Thomas—Phoenix, AZ*

These Forums are offered free of charge thanks to a grant from the Area Agency on Aging, Region One. You can register at the AzGS website: [http://www.arizonageriatrics.org/2015-family-caregiver-forums](http://www.arizonageriatrics.org/2015-family-caregiver-forums) or by calling the AzGS office (602) 265-0211

Space is limited, so register early.

Caregiver Resource: AAA, Region 1—24 hr Senior HELPLINE @ 602-264-4357  www.aaaphx.org